

GAS: Just like we need God's word to fuel our lives to live, our bikes need fuel to run. There are very few stations. Fuel stops are for full tank and empty bladder. Did you TCLOCK?

T = Tires (tire pressure here may be different)

C = Controls

L = Lights

O = Oils

C = Chassis and chain

K = Kickstand

1 Corinthians 10:13 No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

Don't ride beyond your skill level trying to keep up with the rider in front of you.

Do not be so tempted to admire God's beauty that you miss a hairpin turn or a deer running in front of you. Ask God to keep you focused!

SCANNING AHEAD, ANTICIPATING & PLANNING: Focus on the road ahead. Slow down a little. That S curve is sharper than you think!

Avoid distractive sight seeing. Think about what can go wrong, and how you would handle it.

GOD'S CREATURES: GOD GAVE THEM FREE WILL TOO.

Deer – There are many. Unpredictable. Amazingly fast, will change direction toward you. They herd. Other unexpected creatures - wild pigs, goats, sheep, turkeys, armadillos, skunks, turtles, and squirrel. It is spring – they are “twitterpated”. Hormonally affected and unpredictable.

Buzzards - can be a serious hazard when they are feasting on road kill.

Cattle - "Open Range" or "Loose Cattle" signs, mean livestock are loose on the road. Don't assume they're inside the fence even when there's no sign. Try not to startle.

Bicyclists – Give them room when you can. Expect to see them anywhere.

ON-COMING VEHICLES OUTSIDE THEIR LANE: Be especially alert for on-coming vehicles reaching into your lane, especially on the tight turns and narrow shoulders where there is little room for you to react. Day-dreaming tourists, big trucks, farm equipment, and yes, other bikers wander over the middle line. Not the best way to meet new folks!

CATTLE GUARDS: Most are pretty smooth, a few will jar your bones and teeth.

FALLING ROCKS: Believe the signs. You don't want to hit rock on the road, or be hit by one.

HAIRPIN TURNS: In most cases there will be a sign to alert you. Rarely not. Be safe and believe the posted speed on the turns. Watch for blind S-curves. Many curves are not banked.

SPEED WARNINGS: Believe the posted speed. Start gearing down when you see embedded speed bars in the road. (Medina mountain)

LOOSE GRAVEL: New chip seal. Not always a sign.

DOWNSHIFT: Steep hills and sharp turns require lower gears. Hand signal/Touch front brake lever when gearing down for rear brake light. Try to remember there is someone behind you.

STAGGER: Fine for the interstate, but back off a bit more for these roads and be watching for a single file signal.

THERE IS SOMEONE BEHIND YOU: Watch out for them and try to not give them surprises.



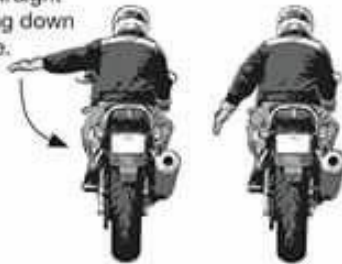
STOP Arm extended straight down, palm facing back.



FUEL Arm out to side pointing to tank with finger extended.



SLOW DOWN Arm extended straight down, swing down to your side.



SPEED UP Arm extended straight out, palm facing up, swing upward.



TURN SIGNAL ON Open and close hand with fingers and thumb extended.



HAZARD IN ROADWAY On the left, point with left hand; on the right, point with right foot.



SINGLE FILE Arm and index finger extended straight up.



DOUBLE FILE Arm with index and middle finger extended straight up.



FOLLOW ME Arm extended straight up from shoulder, palm forward.

